The building is burning And yet you're just sitting The flames are moving And you're not caring

You're sitting, and thinking Wasting and debating Because you've got a belief That there is no danger

And what's strange is also amazing You'll actually live if you do nothing The smoke will kill you before the fire It'll take years, but you call that living? Even you know you're slowly dying

The chair is comfortable Your legs basically untested You're afraid to stand up, much less walk It's the paradox of being too well rested

It's the old battle of desire vs. fear You're lost again and it rages still You can sit there, but you'll never be fulfilled That much is clear

You're choking on the thought of choking Yet you're still sitting there You must be joking There's nowhere to go but out Where you'll figure out what life's about Even if you don't know now Your courage will sort it out somehow

But now's the time; you've outgrown this place
To sort your confusion its fear you must face
Every moment you're dying when you could be living
One day you'll look back and think of all you wasted
Don't give yourself an excuse to regret and hate
Now's the time you have the choice
Stand up...
Walk out...
Determine your own fate